



Happy World  
Heart Day!



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World Heart Day is celebrated on 29 September each year.

It is a global campaign during which individuals, families, communities and governments around the world participate in activities to take charge of their heart health and that of others.

Heartbeatally takes care of YOUR heart! Italy is certainly the best place to start to enjoy the delicious Mediterranean diet, well known for being the best for a healthy heart.

To add to this is the unforgettable lovely hospitality of locals and the amazing discovery of hidden treasures...that will make your heart feel HAPPY!

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**Trust us with your travel, and you will not regret it!**

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